● 852

/Data on the Tali-tying ceremony performed for the pre-pubescent Nayar girl, will be found in category 588./

6:Fawcett G-5 (ca. 1900)1915
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613 event. On this day, the *Kârnavan* of the family gives to
553 the child a spoonful or two of milk, mixed with sugar
[574] and slices of plantain. Then he names the child and calls it in the ear by the name* three times. This is followed by a feast to all friends and relatives, the expenses of which are necessarily met by the father of the child.

853 "*Chôrûn or First Meal of Rice.*—As is usual with the
852 Nâyar every event is introduced by a ceremonial. The
613 first meal of rice partaken by the child forms no exception to the rule. It must be remembered that the child is not fed on rice for some time after birth; the practice being to give it flour of dried plantain boiled with jaggery. There is a particular variety of plantain, known as *kunnan*, used for this purpose. The staple food of the Malayali, rice, is given the child, for the first time, generally during the sixth month, and is attended, [587] of course, with some ceremonial. Necessarily, the astrologer fixes the day; and at the auspicious hour, the child, bathed and adorned with ornaments (which it is the duty of the father to provide) is brought and laid on a plank. A plantain-leaf is spread in front of it and a lighted brass lamp, placed near. On the leaf are† served a small quantity of cooked rice—generally a portion of the rice offered to some temple divinity—some tamarind, salt, chillies, and sugar. Then the *Kâranavan* or the father, ceremoniously approaches and sits down facing the child. First, he puts in the mouth of the child a mixture of the tamarind, chillies and salt; then some rice; and lastly a little sugar.

[301] "Thenceforward, the ordinary food of the child is rice. It is usual on this occasion for relatives (and especially for the '*bandhus*,' such as the *Ammâyi* or 'uncle's wife') to adorn the child with gold bangles, rings and other ornaments. The *chôrûnû* or rice-giving ceremony is, in some cases, preferably performed in some famous temple, that at Guruvâyûr being a favourite one for this purpose.

844 "*Child-birth—Position during.*—When a Nâyar woman
352 is about to be delivered of a child, she is placed in a reclining position on a low wooden couch (Kottotam), her back supported by a companion, generally an old woman. The kottotam is very like, if not identical with,

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* In some places, the child is named only in the sixth month on the chôrûn day.

† In some places, all the curries, etc., prepared for the attendant feast are also served.

7:Gough E-5 (1947-1949) 1955 AWII Kerala AWII
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and the five products of the cow. This ends their pollution and also the prohibition on using oil for cooking and bathing during the pollution period. The ability of a low caste man to purify a family from pollution (when in other contexts he is less pure than they) is an anomalous situation common in South India which has not so far been explained in sociological terms. It is paralleled by the fact that the washerman's purifying cloth is used by a woman to bathe in after menstruation; the washerman must also supply a similar purifying cloth for Nayars and Tiyyars to stand on when they are being purified by cow's excrements from the pollution of death. In some contexts, the Nayars recognize this anomaly, and thus employ two priests for death-rites, the lower caste funeral priest for ties during pollution, and the Elayad, a low sub-caste of Nambūdiris ranking above Nayars, to purify them and instruct them in final rites to the spirit. The Elayad also consecrates the South Malabar Nayar *tāli*, so that the Tiyyar barber may be compared to him as a functionary in the *tāli*-rite. In addition, the barber acts as a priest in Tiyyar family shrines in North Malabar dedicated to Bhagavadi and to ancestors. Finally, as barber, he performs the ceremonial hair-cutting of a Tiyyar boy at the age of three, and the ceremonial shaving of a Tiyyar man at a funeral and before other ritual occasions, including the *tāli*-rite of his nieces and daughters.

I suggest that the barber, both as a polluting 'younger' person and as a holy one who can conduct Tiyyar ceremonies and purify them from pollution, is both a son-surrogate and a father-surrogate for Tiyyars. His association in death-ceremonies with the spirits of Tiyyar leads me to suspect that he is identified with the ancestors, who, in psycho-analytic terms, collectively represent the father.[1] In this role the barber would resemble the washerman, his 'twin' in the caste-hierarchy, who in masked dances impersonates the dead ancestors and local heroes of both Nayars and Tiyyars in North Malabar and of Tiyyars in the south, and, while possessed by them, declares their will to the *tarawād*. We have seen that the washerman, like the barber, may be viewed as a proxy bridegroom to the Tiyyar or Nayar girl in the puberty rites where he instructs her to perform offerings to the lamp as a phallic symbol and sings lewd songs to enhance her fertility.

The barber is also, however (because of hypergamous Tiyyar-barber marriages), a son-figure, and in general caste-terms a junior to the Tiyyar. In this role his ability to act as a kind of bridegroom at the *tāli*-rite reminds us of the practice of South Malabar Tiyyars, who select a small boy of an affine *tarawād* as proxy bridegroom in the rite. Until about the age of eight, a boy may touch mature women of his own or another lineage. The fact that the small bridegroom is carried into the marriage-shed in the arms of his maternal uncle renders harmless his 'marriage' to the bride: he is a child, brought by a father-figure who adjures him to perform the rite. This fits my hypothesis that the immature girl in these castes is unconsciously likened to the mother: only a father-figure, an infant, or some generalized 'polluted' yet 'holy' figure may approach her with impunity.

My hypothesis that the virgin is unconsciously associated with the mother as a forbidden sexual object rests partly on the fact that in these rites the girl is brought into association with Bhagavadi, the mother-goddess of Nayars and Tiyyars. A branch of her milk-tree is set

[1] A psychoanalyst might probably see in the barber's other roles that of father-surrogate. Hair-cutting and shaving are in many parts of the world likened to castration or to a weakening of sexual power. Among Tiyyars they are ceremonially performed for boys at the age of three to five, and for men immediately after a death in the family. The ceremonial head-shaving of a boy (like the ceremonial ear-boring by the goldsmith, another low-caste functionary) is believed to reduce his *sakthi* (strength) and render him immune to the evil eye of the envious or to attacks from ghosts. It is possible to argue that the rite is a symbolic castration, performed to protect the child, in phantasy, from the danger of real castration at the hands of his jealous father, whose form is projected in the evil eye and in ghosts who attack small children. After a death, the ritual shaving of the heir is part of a complex of rites to ward off the vengeful anger of the spirit. It goes along with abstention from intercourse and from sexually stimulating foods, and the carrying of a knife (phallic talisman?) by the heir to ward off the murderous attack of the spirit. I associate head-shaving, like sexual abstinence, with symbolic castration of the mourner to avert the castrating and murderous wrath of the deceased whom, in his unconscious mind, the mourner himself has murdered.

8:Panikkar I-4, 5 (no date) 1918 AWll Kerala AWll Nayar

853 king who as a child lost his mother and was therefore fed on the milk of an attendant
846 woman, refusing to punish her son after repeated acts of treason on the ground that
608 an ocean of milk flowed between them which a drop of blood would pollute for ever.

852 On the twenty-eighth day the child undergoes two ceremonies. The first is
301 called *Erupathettu Kettuka*, or the "Tying of the twenty-eighth day." Before that
789 day the child is not allowed to wear any ornaments. On the twenty-eighth day a silver or gold belt, or a mere cord with an ornament in the shape of a heart or a laurel leaf at the front, is tied to the waist of the child. The laurel leaf was most certainly meant as a charm in ancient days, while now it is nothing more than an ornament. The waist-belt occasionally has attached to it amulets made sacred by the repetition of *mantrams* or magical formulæ over it. Such amulets are worn for the purpose of preventing disease and keeping the child safe from the demons and other evil spirits.[1]

553 After this comes the name-giving ceremony. The astrologer announces the star
787 under which the child is born and presents the horoscope. Then he mentions the initial letters of the names. Each star has generally two or three letters, and the whole of Sanskrit and Malayalam can be drawn upon for the names of deities beginning with those letters. The choice is really very wide, even with the most difficult initial letters.

852 The child is not supposed to be carried out of its mother's family till the sixth
602 month. Then, on an auspicious day it is taken to the father's house (if the father
431 is a Nāyar) by the mother, with some tokens of respect to the father's sister. These
[824] presents generally are tobacco leaves (always a mark of respect among the Nāyars), betel, etc. The father's family generally gives a certain sum of money for the expenses of the coming ceremony.

852 These proceedings are preliminary to the ceremony of *Choru Koda*, or the giving
262 of rice. For the first six months the child is given only the cooked flour of dried plantain fruits. Rice, which is the chief food of the Nāyars, is strictly prohibited
[123] before the *Choru Koda*. As a boy of fourteen or fifteen, I have many times officiated
[613] in this ceremony, on one occasion as a member of the father's family and on others as a member of the maternal *Tharawad*. What is done is that the child is taken to the temple by its mother, accompanied by some women of the *Enangu* group, together with a male representative from the father's house (if the father is a Nāyar) and
[782] one from the mother's own family. There is an offering to the god of the temple
[783] in the form of rice cooked with milk and sugar, and all the party, after purifying

[241] [1] The question of origins is very difficult, yet we cannot pass without noticing the idea
[114] that the loin cords are the beginnings of dress. Professor Wilhelm Wundt, in his well-known book on *The Elements of Folk Psychology*, has shown conclusively that it has no reference to the development of clothing, but is entirely magical in its purpose (pp. 86–87). The prevalent custom among the Nāyars supports this view. The custom can be understood only in relation to the general beliefs about cord-magic and the efficacy of amulets attached to waistbands.

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themselves by bathing in the temple tank, come to the *Darsana* (the aspect towards which the face of the image looks). There the priest brings the offering and the male member from either the father's family or the mother's own family takes a little of it on his pointing finger and gives it to the child. The child is supposed to inherit the qualities of the person who gives it the sacred rice, an idea allied to the superstition concerning godfather and godchild. There is, of course, a feast on the day at the child's house.

"Chaque société générale," says M. Van Gennep, "peut être considéré comme une sorte de maison devisée en chambres et en couloirs. . . . Chez les demi-civilisés ces compartiments sonts soigneusement isolés les unes des autres et pour passer de l'un à l'autre des formalités et des cérémonies sont nécessaires." This idea that in semi-civilised societies stages of life are marked out with great precision so that the passage from one to another necessitates ceremonies or "rites de passage" is applicable only in a very limited sense in the case of the Nāyars. Among them such ceremonies are few and very far between. The male children, after the *Churu Koda*, or the rice-giving ceremony just now described, have only one other ceremony to perform which is called *Sasty-Purty*, or the fullness of sixty years. Between his sixth month and his sixtieth year a male member of the Nāyar Society has no *rites de passage* to pass through. The *Sasty-Purty*, which takes place on his sixtieth birthday, is a sort of jubilee, after which respectable people are supposed to retire from worldly life. It is indeed a *rite de passage*.

Women have naturally more ceremonies than men. Apart from the *Talikettu* (described in the last chapter) a Nāyar woman has to pass through the ceremonies of *Terundu Kuli* (bathing after the first menses) and *Pulicudi* described above. After she has become a mother a woman can be said to be free from all ceremonies till her sixtieth year, when, after a *Sasty-Purty*, she also retires from active life.

The Nāyar funeral ceremonies are of a very complex nature. They show a great deal of Hindu ideas about soul and re-birth mixed with purely Nāyar beliefs about *Pretams*, ghosts, etc., etc. It is important, in this connection, to notice at the very start that the Nāyars make a clear distinction between the ceremonies performed at the death of the eldest member of the family and those at the death of others. The following is the procedure generally adopted at the death of a Nāyar. As soon as a person dies he is bathed and clad in white, and laid on a bed made of long plantain leaves. If it is the eldest male or female member of the family that is dead, then all their relations on the matrilineal side present new cotton cloths, with which the corpse is covered and tied before it is taken to be burnt. Only the eldest members are burnt; others are buried. Apart from the greater importance attached to the death of the eldest members, the ordinary funeral rites are in essentials the same.

The presence of the *Mārān* (a particular caste among the Nāyars who perform the lesser priestly functions) is absolutely necessary on the occasion. He is sent for as

9:Iyer E-4, 5 (ca. 1902-1906)1912
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843 The juice dribbles down the knife into her mouth, and she drinks it. In the absence of a brother, some other near relation officiates. After she has swallowed the tamarind juice, she is asked to pick one grain out of several packets of different grains placed before her. The grain in the packet is supposed to declare the sex of the child in her womb. The whole ceremony is wound up by a sumptuous feast to all the relatives and friends of the family. The *enangan's* wife at the time pours oil over the head of the pregnant woman. If the oil flows on the left side, it predicts the birth of a female; if on the right side, a male.

844 When a Nayar woman is about to become a mother, she is placed in a reclining position on a low wooden couch (*kattódom*), her back supported by a companion, generally an old woman. The *kattódom* is very like, if not identical with, the couch on which the Nayar woman has her oil bath. The surface of it is sloping, the higher end being where the head is laid, and it is scooped out so as to suit the curvatures of the body lying flat. Lying on her back, the thighs are stretched wide apart. Very often she holds in each hand a rope suspended from the ceiling by way of support. The child is received by a woman of the barber caste, who generally officiates as midwife, and in some places this duty is performed by a woman of the Vélan caste.

Childbirth.

846 Pollution is observed for fifteen days, and on every day, the mother wears cloths, washed and presented her by *Vannáthi* (a woman of the washerman caste). On the fifteenth day is the purificatory ceremony. As in the case of death pollution, a man of the Athikurussi clan sprinkles on the woman a liquid mixture of oil, and the five products of the cow (*panchagavyam*) with gingelly seeds. Then the woman dips herself in a tank or river or sits on the ground near the bank, and a maid servant pours on her head the water from a vessel as many as twenty-one times. This practice is not universal, though it certainly obtains in the State and in some parts of South Malabar and Travancore.

846 852 It may be noticed that, before the mother proceeds to purify herself, the new born baby has also to undergo some rite of purification. The baby is placed on the bare floor, and its father or uncle sprinkles a few drops of cold water on it

9:Iyer E-4, 5 (ca. 1902-1906) 1912
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and takes it in his hands. The belief is, that the temperament of the child is determined by that of the person who thus sprinkles the water. All the members of the *tarawád* observes pollution for fifteen days immediately after the delivery, during which period they are prohibited from entering temples and holy places.

First birth-day celebration.

The twenty-seventh day after the childbirth or the first recurring day of the star under which it was born, is an important day, on which the *káranavan* of the family gives to the child a spoonful or two of milk mixed with sugar and slices of plantain fruits reduced to a kind of pulp. Then he names the child calling it in the ear by name, three times. In some places the naming ceremony takes place in the sixth month on the *Chórúnu* day, *i. e.*, on the day of feeding. This is followed by a feast to all friends and relations, the expenses of which are met by the *káranavan* of the *tarawád*. The child is not fed on rice for some time after birth, the practice being to give it the flour of dried plantain boiled with jaggery. There is a particular variety of plantain known as *kunnan* used for this purpose. Well-to-do parents in these days give Mellin's food. The staple food, which is rice, is given to the child for the first time, generally during the sixth month, and is, of course, attended with some ceremony. Necessarily, the astrologer fixes the day, and at the auspicious hour, the child is bathed and adorned (which is the duty of the father), is brought and laid on a plank. A plantain leaf is spread in front of it, and a bright brass lamp is placed near. On the leaf are served a small quantity of cooked rice, generally a portion of the rice offered to some temple divinity, some tamarind, salt, chillies and sugar. Then the *káranavan* or the father ceremoniously sits down facing the child. First he puts into the mouth of the child, a mixture of tamarind, chillies and salt, then some rice, and lastly a little sugar. Thenceforward, the ordinary food of the child is rice. The ceremony is, in some cases, preferably performed in some famous temple, that at Guruvayur being a favourite one for this purpose. A few annas is given to the priest, who gives a small quantity of the food offered to the deity, with which the child is fed.

846 [613] which they are prohibited from entering temples and holy places." It is noted by Mr. N. Subramani Aiyar [844] that the first act done, when a male child is born, is to [828] beat the earth with a cocoanut leaf, and, if the issue is a female, to grind some turmeric in a mortar, with the object, it is said, of removing the child's fear.

553 In connection with post-natal ceremonies, Mr. Bala- [846] krishnan Nāyar writes further that "the twenty-seventh [821] day after the child's birth, or the first recurring day of the star under which it was born, marks the next impor- [613] tant event. On this day, the Karanavan of the family gives to the child a spoonful or two of milk mixed with [574] sugar and slices of plantain. Then he names the child, and calls it in the ear by the name three times. This is followed by a feast to all friends and relatives, the expenses of which are met by the father of the child. 852 With the Nāyar, every event is introduced by a cere- 853 monial. The first meal of rice (chorūn) partaken of by the child forms no exception to the rule. It must be remembered that the child is not fed on rice for some time after birth, the practice being to give it flour of dried plantain boiled with jaggery (crude sugar). There is a particular variety of plantain, called kunnan, used for this purpose. Rice is given to the child for the first [787] time generally during the sixth month. The astrologer fixes the day, and, at the auspicious hour, the child, bathed and adorned with ornaments (which it is the duty of the father to provide) is brought, and laid on a plank. A plantain leaf is spread in front of it, and a lighted brass lamp placed near. On the leaf are served a small quantity of cooked rice—generally a portion of the rice offered to some temple divinity—some tamarind, salt, chillies, and sugar. [In some places all the curries, etc., prepared for the attendant feast, are also served.]

13:Thurston & Rangachari E-4, 5 (no date) 1909
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Then the Karanavan, or the father, ceremoniously approaches, and sits down facing the child. First he puts in the mouth of the child a mixture of the tamarind, chillies and salt, then some rice, and lastly a little sugar. Thenceforward the ordinary food of the child is rice. It is usual on this occasion for relatives (and especially the bandhus, such as the ammayi, or 'uncle's wife') to adorn the child with gold bangles, rings and other ornaments. The rice-giving ceremony is, in some cases, preferably performed at some famous temple, that at Guruvayūr being a favourite one for this purpose." It is noted by Mr. N. Subramani Aiyar that the rice-giving ceremony is usually performed by taking the child to a neighbouring temple, and feeding it with the meal offered to the deity as nivadiyam. In some places, the child is named on the chorūn day.

Of ceremonies which take place in infancy and childhood, the following account is given in the Gazetteer of Malabar. "On the fifth day after birth, a woman of the Attikurissi or Mārayan caste among Nāyars, or of the barber caste in the lower classes, is called in, and purifies the mother, the other women of the household, and the room in which the child was born, by lustration with milk and gingelly oil, using karuga (*Cynodon Dactylon*) as a sprinkler. Her perquisites are the usual niracchaveppu (1 edangazhi of paddy and 1 nazhi of uncooked rice) placed together with a lamp of five wicks in the room to be cleansed, and a small sum in cash. A similar purification ceremony on the 15th day concludes the pollution period. In some cases, milk and cow's urine are sprinkled over the woman, and, after she has bathed, the Mārayan or Attikurissi waves over her and the child two vessels, one containing water stained red with turmeric and lime, and one water blackened with powdered charcoal.

powdered charcoal. During this and other periods, a characteristic service called māttu (change) has to be rendered by people of the Mannān caste to Nāyars, and to other castes by their proper washermen, who may or may not be Mannāns. On the day of birth, the Mannātti brings a clean tūni (cloth) of her own, and a mundu (cloth), which she places in the yard, in which she finds the accustomed perquisites of grain set out, and a lamp. An Attikurissi Nāyar woman takes the clean clothes, and the Mannātti removes those previously worn by the mother. Every subsequent day during the pollution period, the Mannātti brings a change of raiment, but it is only on the 7th and 15th days that any ceremonial is observed, and that the Attikurissi woman is required. On those days, a Mannān man attends with the Mannātti. He makes three pradakshinams round the clean clothes, the lamp, and the niracchaveppu, and scatters a little of the grain forming the latter on the ground near it, with an obeisance, before the Attikurissi woman takes the clothes indoors. This rite of māttu has far reaching importance. It affords a weapon, by means of which the local tyrant can readily coerce his neighbours, whom he can subject to the disabilities of excommunication by forbidding the washerman to render them this service; while it contributes in no small degree to the reluctance of Malayāli women to leave Kērala, since it is essential that the māttu should be furnished by the appropriate caste and no other.

"On the twenty-eighth day (including the day of birth) comes the Pālu-kudi (milk-drinking) ceremony, at which some women of the father's family must attend. Amongst castes in which the wife lives with the husband, the ceremony takes place in the husband's house, to which the wife and child return for the first time on this day. The usual lamp, niracchaveppu and kindi of water,

13:Thurston & Rangachari E-4, 5 (no date) 1909
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are set forth with a plate, if possible of silver, containing milk, honey, and bits of a sort of plantain called kunnan, together with three jack leaves folded to serve as spoons. The mother brings the child newly bathed, and places it in his Karnavan's lap. The goldsmith is in attendance with a string of five beads (mani or kuzhal) made of the panchaloham or five metals, gold, silver, iron, copper and lead, which the father ties round the baby's waist. The Karnavan, or the mother, then administers a spoonful of the contents of the plate to the child with each of the jack leaves in turn. The father's sister, or other female relative, also administers some, and the Karnavan then whispers the child's name thrice in its right ear.

"The name is not publicly announced till the Chōr-unnu or Annaprāsanam (rice giving), which takes place generally in the sixth month, and must be performed at an auspicious moment prescribed by an astrologer. The paraphernalia required are, besides the five-wicked lamp, some plantain leaves on which are served rice and four kinds of curry called kalan, olan, avil, and ericchakari, some pappadams (wafers of flour and other ingredients), plantains and sweetmeats called uppēri (plantains fried in cocoanut oil). The mother brings the child newly bathed, and wearing a cloth for the first time, and places it in the Karnavan's lap. The father then ties round the child's neck a gold ring, known as muhurta mothiram (auspicious moment ring), and the relatives present give the child other ornaments of gold or silver according to their means, usually a nūl or neck-thread adorned with one or more pendants, an arannal or girdle, a pair of bangles, and a pair of anklets. The Karnavan then, after an oblation to Ganapathi, gives the child some of the curry, and whispers its name in its right ear three times. He then carries the child to a cocoanut tree

near the house, round which he makes three pradakshinams, pouring water from a kindi round the foot of the tree as he does so. The procession then returns to the house, and on the way an old woman of the family proclaims the baby's name aloud for the first time in the form of a question, asking it 'Krishnan' (for instance), 'dost thou see the sky?' In some cases, the father simply calls out the name twice.

"The Vidyarambham ceremony to celebrate the beginning of the child's education takes place in the fifth or seventh year. In some places, the child is first taken to the temple, where some water sanctified by mantrams is poured over his head by the Shāntikāran (officiating priest). The ceremony at the house is opened by Ganapathi pūja performed by an Ezhuttacchan, or by a Nambūdri, or another Nāyar. The Ezhuttacchan writes on the child's tongue with a gold fanam (coin) the invocation to Ganapathi (Hari Sri Ganapathayi nama), or sometimes the fifty-one letters of the Malayalam alphabet, and then grasps the middle finger of the child's right hand, and with it traces the same letters in parched rice. He also gives the child an ola (strip of palm leaf) inscribed with them, and receives in return a small fee in cash. Next the child thrice touches first the Ezhuttacchan's feet, and then his own forehead with his right hand, in token of that reverent submission to the teacher, which seems to have been the key-note of the old Hindu system of education.

"The Kāthukuttu or ear-boring is performed either at the same time as the Pāla-kudi or the Choulam, or at any time in the fifth or seventh year. The operator, who may be any one possessing the necessary skill, pierces first the right and then the left ear with two gold or silver wires brought by the goldsmith, or with karamullu